

2022

MONTHLY REPORT- JUNE

EARLY INTERVENTION



Contents

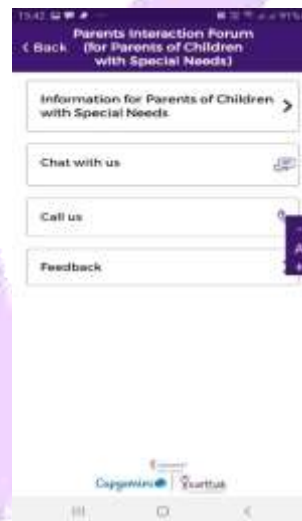
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CapSarathi- Information Portal

CapSarathi is a joint initiative by Capgemini and Sarthak Educational Trust. An accessible platform for disability Categories.

Services such as Counseling, Guidance, Early Intervention, Education, educational material, parents' interaction forum, etc.

For more information & download link, please visit- sarthakindia.org/Capsarathi



Early Intervention Program – Rehabilitating Children with Special Needs (Progress- June 2022)

We have 2 early intervention centres in Ghaziabad and West Delhi and rehabilitated 2670 + children through them.

	Component		
I.	Mobilization	West Delhi	Ghaziabad
	Total data base upload on MIS	2508	3328
II.	Program Review		
	Registration	45 (Apr)/55 (May)= 100	50 (Apr)/ 32 (May)= 82
	Developmental Screening	100	82
	Assessment	90	76
	Review of goals	78 (SLA)	56 (SLA)
	Therapy sessions	72 sessions per week	72 sessions per week
III.	Allied Activities		
	Group activity by therapist	On Friday	On Friday
	GUEST LECTURE BY EXPERTS	Once in every 15 days	

Success stories at Early intervention Centers



Gouri – Sarthak Early Intervention Center

“Sarthak has been a blessing for Us” - Gouri’s family.

Gouri, now 5 years old, was born with Polyhydromnios (where excessive amniotic fluid is accumulated in the uterus) and Meconium Aspiration Syndrome (where a new-born breathes a mixture of meconium and amniotic fluid into the lungs at the time of delivery). Her mother shared that Gouri’s birth cry was delayed by 5 minutes and collectively, all these complications led her to suffer respiratory distress because of which she was kept in the ventilator for 5 days.

She comes from a lower-middle-class family and her family comprises of 4 members. Her father is employed in a private job, her mother is a housewife and she also has a 3 years old brother. Her parents were unaware of all the issues she might have in future and nor did the doctor inform them. It was only after her development milestones delayed and she faced feeding difficulty at

the age of 6 months when her parents consulted a Pediatrician. It was that time when Gouri was diagnosed with Down Syndrome.

Even though Gouri has two close relatives with disabilities, her diagnosis still came as a surprise to her parents because none of their relatives had history of Down Syndrome.

As she was growing up, her parents also identified how her tongue movement was sluggish, she faced difficulty in chewing and could not adhere to simple commands made by the elders. Out of consciousness, her parents consulted doctors who gave her medications and advised therapeutic management. They started her therapy in private clinics but their lower socio-economic background could not sustain the costs of therapy for long and eventually, her therapy sessions were put on hold.

6 months ago, while the parents were still struggling with the child; Sarthak's Early Intervention Team contacted them. Since they stay outside Delhi, they were unable to visit Sarthak's Early Intervention Center but they were counselled over phone and video calls regarding Down Syndrome and its intervention process. The provision of free-of-cost online therapy sessions and home-based sessions really interested the parents and they enrolled Gouri in it right away.

Under our Early Intervention Program, she was provided regular occupational therapy, speech therapy and special education services. Her speech therapy was focused on oromotor exercises, vocabulary building and socialization; occupation therapy was focused on hand functioning and motor functioning and special education sessions were focused on scribbling, coloring, alphabet writing. Collectively, all these sessions showed a drastic improvement in her everyday performance.

Both her parents and Sarthak's team are relieved and happy to see her improvement. Over time, her mother has also become very participative in therapy techniques at home and continues to support her in improving her learning abilities and academic growth.

Harsimran – Sarthak Early Intervention Center



When Harsimran was 4-years of age, his father expressed his concern towards his inappropriate behavior and posture to his family. The family agreed on the fact that his hand always bend towards his mouth and always mold to the chest, maybe his backbone muscles are still not so strong which is causing an inappropriate posture in harsimaran's body. The other matter of worry was that he also doesn't talk or speak like other kids of his age.

Earlier, they thought harsimaran is a reserved kid and doesn't like talking to people. Also, his aggressive behavior was taken as a sign of their excessive care & protective nature that spoilt him and he now doesn't follow any instructions and hits people if they try to speak to him.

However, this continued and later on when the condition was out of control as harsimaran's behavior problems were on peak, he started hitting & biting others, drooled a lot, and felt very uncomfortable with even the children of his own age.

Living in a nuclear family, his parents did not understand the cues initially, and even when they realized that there is an issue, they did not have the appropriate guidance. Eventually, they stopped making him meet new people and spent time with parents mostly, they tried comforting him by various things such as involving him in household tasks and taking him to gurudwaaras.

Their efforts were in vain, Thus, At the age of 5 year his father took him for medical consultation and a psychologist. What the Psychologist said was something they were wanting to avoid accepting since the beginning that this not just a temporary behavior pattern but their son was diagnosed with Intellectual Disability.

They had no other option but to accept & move ahead. Parents decided to take Harsimran for suggested therapies from a nearby place but even after a few months they did not find any visible changes in harsimaran's condition.

He was still lost in his own world didn't want to connect with the people. And also had same rigid behaviour of not doing things, not listening to his parents.

The therapy was not working for him and his parents were utterly disappointed and stressed. He was in the age to start his education now but his parents were tensed about the behavior and did not want to leave him alone for this long in school.

One day, Sarthak mobilization team contacted the family, they were called to the nearest center and the therapist took detailed case history after which they suggested speech therapy, Special Education and occupational therapy sessions.

Parental counselling was done to make them understand more about the condition. so, they are aware about the suffering Harsimran goes through himself and because parenting is the most important part of any therapy. His parents gradually started to connect with him and now understand what their child needs and how some more attention would make him feel better and not spoilt. It was tough but they have to deal with the child very patiently.

Before associating with Sarthak, Harsimaran had difficulty in holding things, at his very first visit to Sarthak he cried a lot. "Because of his not want to do anything' attitude led to difficulty in interaction with the EI team.

At the center, he cried almost 30 minutes at every visit and started throwing things whatever he got in hand he just threw that very hard on the floor or the wall. On the other hand, he drooled a lot at the duration of 30-minute session he made himself all wet by his drooling.

Also, whenever therapist tried to connect with harsimran he used to bite them, the condition was very crucial and took a lot of efforts. by each and every therapist. As he denied sitting at a place, Behavior therapies were started before occupational one which would then work on his posture.

Finally, after months of patience, Now, harsimaran sits at a place and takes interest doing activities with other children. Occupational therapist work on his posture now he does not put his hand in the mouth. After doing Oro facial massage & speech therapy, he has improved a lot.

The special educator works on his writing skills and the very first stage of writing- he now enjoys scribbling on his favourite slate.

Early Intervention at Sarthak Children with special needs

Early Intervention Services are special services for infants and toddlers at risk for developmental delays. These services are designed to identify and meet children's needs in five developmental areas. These are physical, cognitive, communication, social or emotional development, sensory and adaptive development.

Early intervention focuses on helping eligible babies and toddlers learn the basic and brand-new skills that typically develop during the first three years of life.

Know Our Early Intervention Team -

- To prevent developmental delay and disability.
- **Psychologist** - To counsel, conduct comprehensive assessment & Recommend therapies
- **Occupational Therapist** - To improve fine & gross motor skills.
- **Speech Therapist** - To improve speech & language skills
- **Special Educator** - Concept building using Teaching Learning Materials (TLM)

Kids Activities at the Centre

Activities are organized with the objective -

- To Maximize the child's residual capacity, social skills and encourage participation.
- To increase the involvement of the child with other children that enhance the child's development

Activities such as- Art & craft, Games, Socialization & Recreational activities, Festival celebrations etc are carried out to encourage kids to participate in different things.

Online guidance and Home Based Activities for Parents of Children with Special Needs available on our youtube channel- www.youtube.com/playlist/earlyintervention



Join us For the Cause

Sarthak is running this program to prevent, identify and then eliminate the disabilities that are the biggest barrier to inclusion. Let's work towards ensuring that all the children enter school, equipped with the skills they need, to succeed. Let's work towards empowering persons with disability.

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Support Sarthak

Donate to Empower Persons with Disability

Vocational Skillling & Sustainable Employment

Early Intervention Services

COVID 19

Global Resource Center for PwDs

Pledge for doing your share to keep the Childhood as beautiful as it should be by supporting

- A child's therapy of a week: INR 1,375
- A child's therapy of 15 days: INR 2,750
- A child's therapy of 30 days: INR 5,500
- Activities/events for promoting awareness to curb disability through precautionary measures: INR 10,000



Donation Account details-

Indian Account Holders

Account Name: SARTHAK EDUCATIONAL TRUST
Account No. : 058710100020302
Account Type : Saving Account
Bank Name : Union bank of India
Branch : Lawrence Road
IFSC Code : UBIN0805874
MICR Code : 1100226174
Swift Code : ANDBINBBXXX

Foreign Donors

Account Name: SARTHAK EDUCATIONAL TRUST
Account No. : 39819752476
Account Type : Saving Account
Bank Name : State Bank of India
Branch : New Delhi Main Branch
IFSC Code : SBIN0000691
Swift Code : SBININBB104